



The University of Akron  
The LeBron James Family Foundation  
College of Education



# CREATING CLASSROOMS THAT ARE TRAUMA-SENSITIVE AND FOSTER SOCIAL-EMOTIONAL LEARNING

MONDAY, JULY 6 – FRIDAY, JULY 17

Register at [uakron.edu/workforce-training](https://uakron.edu/workforce-training)

Experts report that stress and trauma among children are more prevalent than once assumed and impact children across urban, rural and suburban environments and socio-economic levels. Stress and trauma hinder students' ability to learn and succeed in school. Child advocates across disciplines recognize that public schools are an important institution for addressing childhood trauma.

Along these lines, schools and educators can contribute significantly to the well-being of children by focusing on social-emotional learning (SEL) that helps them thrive and develop resilience. Many states have created SEL standards, and schools are becoming trauma-informed buildings. In this workshop, participants will:

- Learn how trauma affects the brain, learning and health;
- Reflect on their personal social-emotional competencies;
- Develop SEL strategies to use in the classroom;
- Consider how SEL can be assessed and evaluated;
- Create a classroom that is trauma-sensitive;
- Become an advocate for trauma-sensitive education;
- Recognize the importance of self-care; and
- Consider the impact of COVID-19 on trauma.

Participants who successfully complete the workshop will earn **2 Continuing Education Units**. Although the workshop is fully online and generally self-paced, participants will have opportunities to engage in live video discussions with experts in the field and to participate in small-group discussions.

The workshop begins on **Monday, July 6**, and is intended to be completed by **Friday, July 17**. It is designed for participants to devote two hours per day to course readings, discussions and other instructional activities.

Participants can create an individualized learning experience, however, by scheduling their learning time to meet their needs. By regulating their instructional time, participants may choose to complete the learning tasks before **July 17**, or they can extend their learning to **July 24**.

**Participants should purchase the following book, which is required for the workshop.**

**TITLE:** Fostering Resilient Learners: Strategies for Creating a Trauma-Sensitive Classroom

**AUTHORS:** Kristin Souers and Pete Hall

**PUBLISHER:** ASCD, 2016

**For additional information and to register for the workshop, go to [uakron.edu/workforce-training](https://uakron.edu/workforce-training).**